

# AROMA -YOGA CLASSES

- Balance Emotions
- Release Tension
- Be More Present
- Set your Intentions
- Gain Flexibility
- Brain Body Connection

## 3 CLASSES BUILD NEW SKILLS

- 11/10, 12/8, 1/12 @6:30-8PM Fri.
- For drawings - reg. of all 3
- RSVP by Oct. 30
- 3 classes for \$45
- \$18/each class
- Space Limited



SMOKY HILL LIBRARY  
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SUE EVERTON  
BETSY WALKER  
KRISTIN DORRANCE